

Tuesday 30th June

Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Do some sit ups : Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups	2 Do some star jumps : Bronze: 20 times Silver: 30 times Gold: 50 times	3 Practise balancing on right leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	4 Practise balancing on left leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	5 Have a jog around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes	6 Create your own throwing and catching game!	7 Teach the people at home your game and see who scores the most points!
8 Do some burpees : Bronze: 10 burpees Silver: 15 burpees Gold: 20+ burpees	9 Try and do some mountain climbers : Bronze: 10 times Silver: 20 times Gold: 30+ times	10 Carefully try and do a plank : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	11 See how many tuck jumps you can do in a row: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	12 Push ups! Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups	13 Use a pack of cards and create a game involving different exercises and the different suits!	14 Compete against someone at home to see who can complete more exercises in a given time.
15 Try and do some crunches : Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches	16 Do some lunges on both legs: Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg	17 Do a wall sit – remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds	18 Squat – count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	19 High knees – Keep going without stopping Bronze: 30 seconds Silver: 50 seconds Gold: 1+ minute	15 Challenge yourself to learning some new yoga posts – watch a Youtube video to help.	16 Practise those yoga skills your learned and see if you can balance for longer than you did yesterday.
22 Try doing some scissor kicks : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	23 Do some shuttle runs : Bronze: 15 runs Silver: 30 runs Gold: 50 runs	24 Hop on the spot: Bronze: 10 each leg Silver: 25 each leg Gold: 50 each leg	25 Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes	26 Try safely to do some jump squats in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	27 Go outside and be active with someone from your house. Go for a run or a walk!	28 Use your outdoor time to jump over things, balance along things and move in different ways.
29 Try hurdling over something (or just jumping!): Bronze: 1 minute Silver: 3 minutes Gold: 5 minutes	30 Step jumps – find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold: 40+ times	<p style="text-align: center;">Let's get active in June! Try each of these activities with the people you're with! Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy!</p>				

Remember during lockdown it's important to keep active whenever you can.

This month, let's try something a little bit different!

Each day you will be set a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! 😊

English- Lesson 2- New learning - learning how to write speech

*Story time!

Go back to <https://www.youtube.com/watch?v=7u1oQXR6fOA>.

*Listen (from 5.58 mins) to Wilf Merttens tell the remainder of the story of Cinderella.

*Look at 'Writing a Conversation' on the next slide.

*Read the speech bubble conversation between Cinderella and her friend, Goldilocks.

*Look carefully at how the speech bubbles are turned into punctuated sentences.

Writing a conversation

1.

My stepsisters are
absolutely horrible!



2.

Oh you poor thing!
What are you going to
do?



3.

Get my Fairy
Godmother to turn
them into toads!

Look at how the conversation in the speech bubbles have been turned into sentences.

'My stepsisters are absolutely horrible,' **said Cinderella miserably.**

'Oh, you poor thing. What are you going to do?' **sympathised Goldilocks.**

'Get my Fairy Godmother to turn them into toads!' **said Cinderella gleefully.**

New speaker? New
line

Reporting clauses,
showing who is
speaking and how
they are feeling.

English Lesson 2- Task 2

Writing the Ugly Sister's conversation

- You are going to write a conversation between one of the Ugly Sisters and her friend, Mrs Beanstalk.
- Write your conversation on 'A Conversation with Mrs Beanstalk' on the next slide
- Fill in the speech bubbles.
- Now write them out as punctuated sentences like the example shown on slide 20.

Print this slide if you can- if not just draw your own speech bubbles on a piece of paper.

A Conversation with Mrs Beanstalk

1

2

3

A worksheet for a conversation with Mrs Beanstalk. It features two cartoon characters: a yellow beanstalk-like figure on the left and a purple beanstalk-like figure on the right. There are four large speech bubbles arranged in a 2x2 grid. The top-left bubble is labeled '1', the top-right bubble is labeled '2', and the bottom-left bubble is labeled '3'. The bottom-right bubble is unlabeled. A vertical line is on the right side of the page, and a horizontal line is at the bottom.

TT Rock Stars

- Why not have a go online today ?
- You can also use the app if you have this already downloaded on your tablet
- Choose **Arena** and try compete against others!
- Choose **Garage** and earn yourself some credits.

Mental Maths (10-4-10)

Questions

1. $56 + 9 =$

2. $34 - 24 =$

3. $3 \times 4 =$

4. $16 \div 4 =$

5. $44 + 36 =$

6. $56 - 40 =$

7. $6 \times 5 =$

8. $10 \div 5 =$

9. $38 + 25 =$

10. $76 - 25 =$

11. $\underline{\quad} + 50 = 66$

12. $40 - \underline{\quad} = 13$

13. $\underline{\quad} - 14 = 40$

14. $100 - 27 =$

15. $100 - \underline{\quad} = 18$

16. $31p + 90p =$

17. $67p - 54p =$

18. $\frac{1}{2}$ of 48 =

19. $\frac{1}{3}$ of 9 =

20. $6 \times \underline{\quad} = 18$

Maths Home Learning - White Rose

Use the link below to help your child to revisit their understanding of Measure mass in kilograms (Summer Term - Week 10 - lesson 2)

<https://whiterosemaths.com/homelearning/year-2/>

- The videos for this week will be available at the link above. This will help to explain to you how to work through today's activities.
- Try to complete all of questions on the sheets provided and then you can check your answers at the end of this PDF.
- As always, try your best and always ask if you need help. We are so proud of all of you! 😊

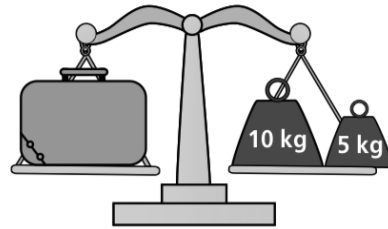
Home Learning - Year 2

Today's
questions
(part 1)

Please
refer to
the online
video if
needed 😊

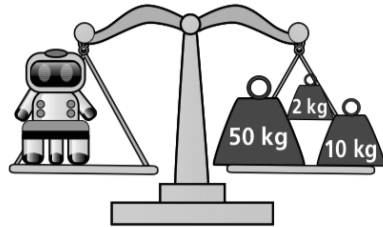
1 What is the mass of each object?

a)



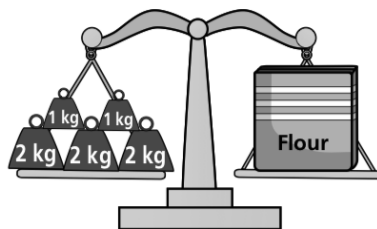
The case has a mass of kg.

b)



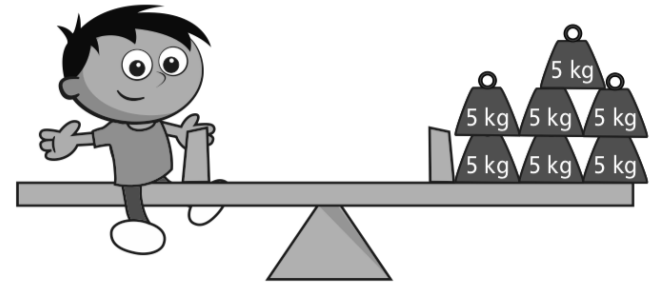
The robot has a mass of kg.

c)



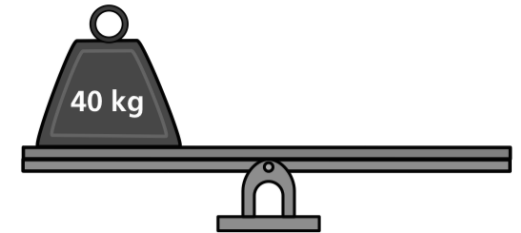
The box of flour has a mass of kg.

2 How many kilograms does Amir weigh?

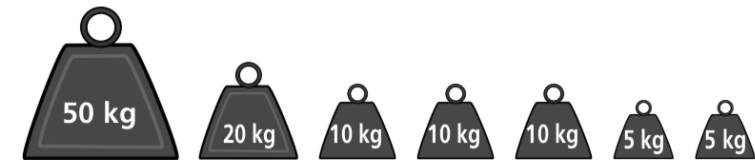


kg

3



a) Circle the weights that will balance the scale.



b) Find another way. Circle the weights.

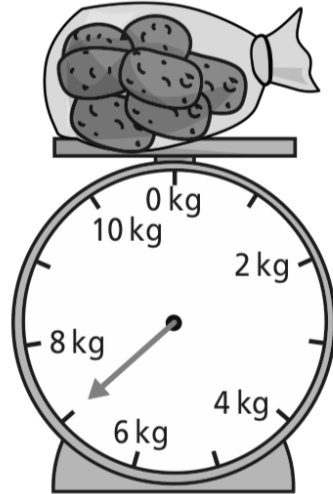


Today's questions (part 2)

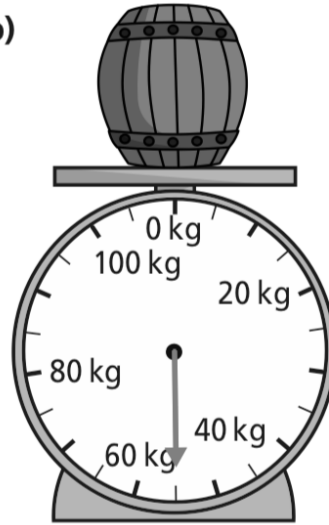
Please refer to the online video if needed 😊

4 What is the mass of each object?

a)


 kg

b)


 kg

5 a) Mo weighs his dog in January and June.

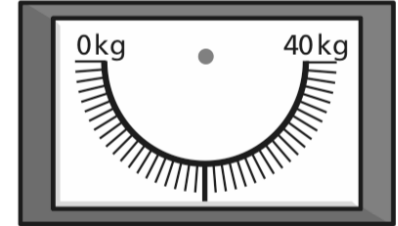


How much heavier is the dog in June?

 kg

b) By December, the dog's weight has increased by another 10 kg.

Draw an arrow to show the weight of the dog in December.

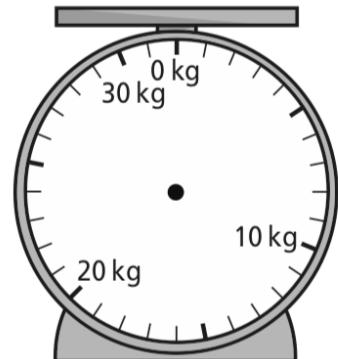
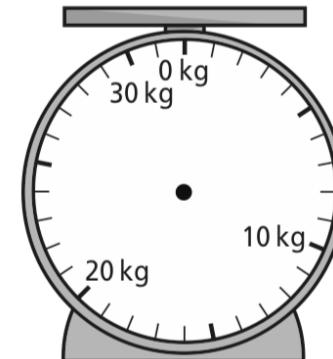


By December, Mo's dog weighs kg.

6 Mark the mass on each scale.

a) 15 kg

b) 27 kg



PSHE: Joyful June



Home Learning



Share a happy memory with someone who means a lot to you. Make a list of your favourite memories.

Mental Maths (10-4-10)

Answers

1. $56 + 9 = \underline{65}$

2. $34 - 24 = \underline{10}$

3. $3 \times 4 = \underline{12}$

4. $16 \div 4 = \underline{4}$

5. $44 + 36 = \underline{80}$

6. $56 - 40 = \underline{16}$

7. $6 \times 5 = \underline{30}$

8. $10 \div 5 = \underline{2}$

9. $38 + 25 = \underline{63}$

10. $76 - 25 = \underline{51}$

11. $\underline{16} + 50 = 66$

12. $40 - \underline{27} = 13$

13. $\underline{54} - 14 = 40$

14. $100 - 27 = \underline{73}$

15. $100 - \underline{82} = 18$

16. $31p + 90p = \underline{\pounds 1.21 \text{ or } 121p}$

17. $67p - 54p = \underline{13p}$

18. $\frac{1}{2}$ of 48 = $\underline{24}$

19. $\frac{1}{3}$ of 9 = $\underline{3}$

20. $6 \times \underline{3} = 18$

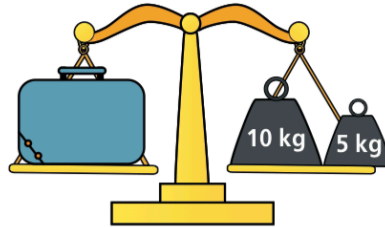
Measure mass in kilograms

Today's Maths answers (part 1)



1 What is the mass of each object?

a)



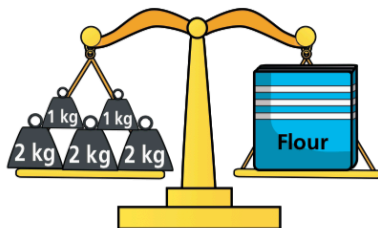
The case has a mass of 15 kg.

b)



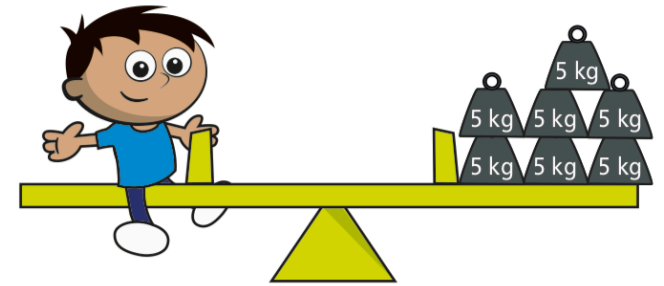
The robot has a mass of 62 kg.

c)



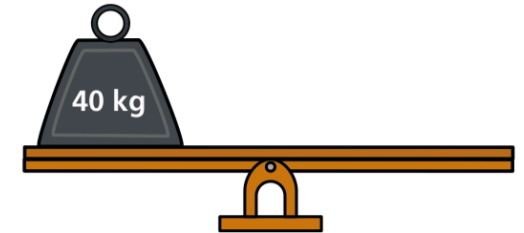
The box of flour has a mass of 8 kg.

2 How many kilograms does Amir weigh?

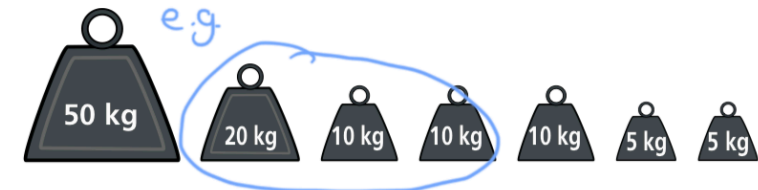


35 kg

3



a) Circle the weights that will balance the scale.



b) Find another way. Circle the weights.

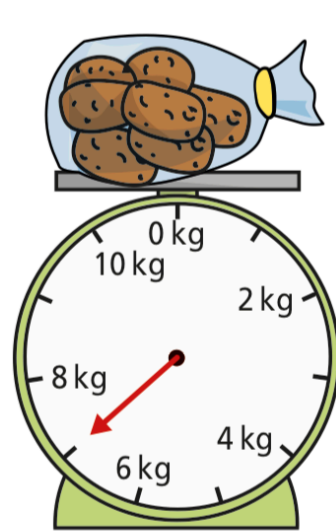


Today's Maths answers (part 2)



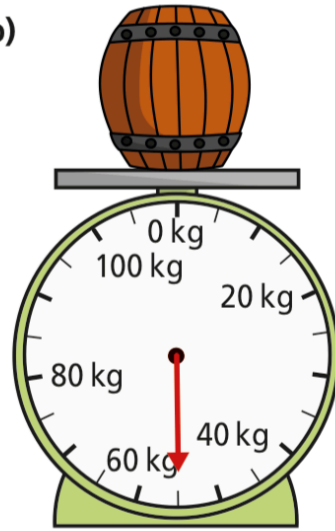
4 What is the mass of each object?

a)



7 kg

b)



55 kg

5 a) Mo weighs his dog in January and June.

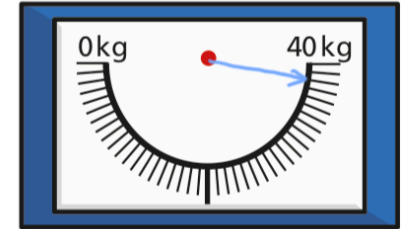


How much heavier is the dog in June?

13 kg

b) By December, the dog's weight has increased by another 10 kg.

Draw an arrow to show the weight of the dog in December.



By December, Mo's dog weighs 38 kg.

6 Mark the mass on each scale.

a) 15 kg

b) 27 kg

